

This institution is an equal opportunity provider

# MARCH 2020

## St. James Parish Public Schools

**Monday**

**2**  
 Red Beans w Sausage  
 Steamed Rice  
 Seasoned Greens  
 Coleslaw  
 Chilled Pears  
 Applesauce (HS)  
 Golden Cornbread  
 Milk Choice

**9**  
 White Beans/Ham  
 Steamed Rice  
 Seasoned Greens  
 Creamy Coleslaw  
 Sliced Peaches  
 Fresh Fruit Choice (HS)  
 Golden Cornbread  
 Milk Choice

**16**  
 Sloppy Joe / WG Bun  
 French Fries  
 California Blend  
 Chilled Sliced Peaches  
 Chilled Mixed Fruit Cup (HS)  
 Choice of Baked Chips  
 Milk Choice

**23**  
 Red Beans w Sausage  
 Steamed Rice  
 Seasoned Greens  
 Creamy Coleslaw  
 Chilled Pears  
 Applesauce (HS)  
 Golden Cornbread  
 Milk Choice

**30**  
 White Beans ½-¾/Ham 2MM  
 Steamed Rice ½-¾c  
 Seasoned Greens 1/2c  
 Creamy Coleslaw 1/2c  
 Sliced Peaches 1/2c  
 Fresh Fruit Choice (HS)  
 Golden Cornbread 1 G.  
 Milk Choice 8oz.

**Tuesday**

**3**  
 Spaghetti w Meat Sauce  
 Popeye Salad w (Spinach/  
 Shredded Carrots)  
 Seasoned Corn /WG Bread Sticks  
 Marinara Sauce /Melon Cup  
 Fruit Choice (HS)  
 Milk Choice

**10**  
 Beef-a-Roni  
 Popeye Salad  
 Seasoned Green Beans  
 Chilled Mixed Fruit  
 Chilled Peaches (HS)  
 WG Bread Stick  
 Milk Choice

**17**  
 Chicken/ Pork/ Sausage Jambalaya  
 White Beans  
 Sweet Potatoes  
 Chilled Mixed Fruit  
 Chilled Pears (HS)  
 WG Roll  
 Milk Choice

**24**  
 Spaghetti w Meat Sauce  
 Popeye Salad w (Spinach  
 Shredded Carrots)  
 Seasoned Corn /WG Bread Sticks 1 G  
 Marinara Sauce 2 oz. /Melon Cup 1/2c  
 Applesauce (HS)  
 Milk Choice

**31**  
 Managers Choice

**Wednesday**

**4**  
 Hamburger/ WG Bun  
 Lettuce /Tomato / Pickle  
 Potato Rounds  
 Sunset Sip Juice  
 Chilled Fresh Apple Halves  
 Fresh Pears (HS) /Cookie  
 Milk Choice

**11**  
 Managers Choice

**18**  
 Managers Choice

**25**  
 Managers Choice

**Thursday**

**5**  
 Meatloaf or Meatballs w Gravy  
 Steamed Rice  
 Mixed Veggies  
 Steamed Broccoli  
 Chilled Fruit Choice  
 Banana (HS)  
 WG Roll / Milk Choice

**12**  
 Chicken/Pork/ Turkey Stew (Choice)  
 Steamed Rice  
 Steamed Garlic Broccoli  
 Sweet Potatoes  
 Fresh Fruit Oranges  
 Banana (HS)  
 WG Roll  
 Milk Choice

**19**  
 Baked Chicken  
 Seasoned Rice  
 Seasoned Green Beans  
 Carrot Sticks  
 WG Roll  
 Chilled Orange  
 Canned Fruit Choice (HS)  
 Milk Choice

**26**  
 Meatloaf or Meatballs w Gravy  
 Steamed Rice  
 Mixed Veggies  
 Steamed Broccoli  
 Chilled Fruit Choice  
 Banana (HS)  
 WG Roll / Milk Choice

**Friday**

**6**  
 Pizza Cheese  
 Dark Green Salad w Dressing  
 Seasoned Corn  
 Chilled Fruit Choice  
 Fresh Fruit Choice (HS)  
 Graham Crackers  
 Milk Choice

**13**  
 Fish Sticks  
 Loaded Potatoes  
 Mixed Vegetables  
 Fresh Cantaloupe  
 Fruit Choice (HS)  
 WG Roll / Milk Choice

**20**  
 Fish Portion on Bun  
 Lettuce/Tomato /Pickle  
 Potato Rounds  
 Baked Beans  
 Carrot Sticks w/Dip  
 Chilled Melon  
 Fruit Cup (HS)  
 Milk Choice

**27**  
 Pizza Cheese  
 Dark Green Salad w Dressing  
 Seasoned Corn  
 Chilled Fruit Choice  
 Fresh Fruit Choice (HS)  
 Graham Crackers  
 Milk Choice



Menus are subject to change